

Aegean Turkey Cycling Retreat

Six-day cycling retreat designed to
balance movement, culture, and
recovery on the Aegean coast

MAY 2026



roots
adventure
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This six-day cycling retreat is designed to balance movement, culture, and recovery on the Aegean coast. Based at Six Senses Kaplankaya, guests ride some of the region's most scenic routes—coastal roads, ancient valleys, and forested climbs—while exploring iconic archaeological sites such as Didyma, Miletos, Priene, Iasos, and Herakleia. Each day combines guided rides with time for spa, yoga, and relaxation, along with memorable meals overlooking the sea. It's an active yet unhurried journey through history and nature.

[Click HERE for an interactive Map](#)

Aegean Turkey

Discover the famous ancient cities and ruins along with less explored surroundings outside of the main destinations, close proximity to/easy to combine with island adventures.

Assos

Pergamon

İzmir

Çeşme

Ephesus

Priene

Miletos

Didyma

Kaplıankaya

Bodrum

Pamukkale

Aphrodisias



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Biking Routes

Please find each day's bike routes and suggested hourly schedule for the day here.

Day 1

Arrive at Six Senses Kaplankaya

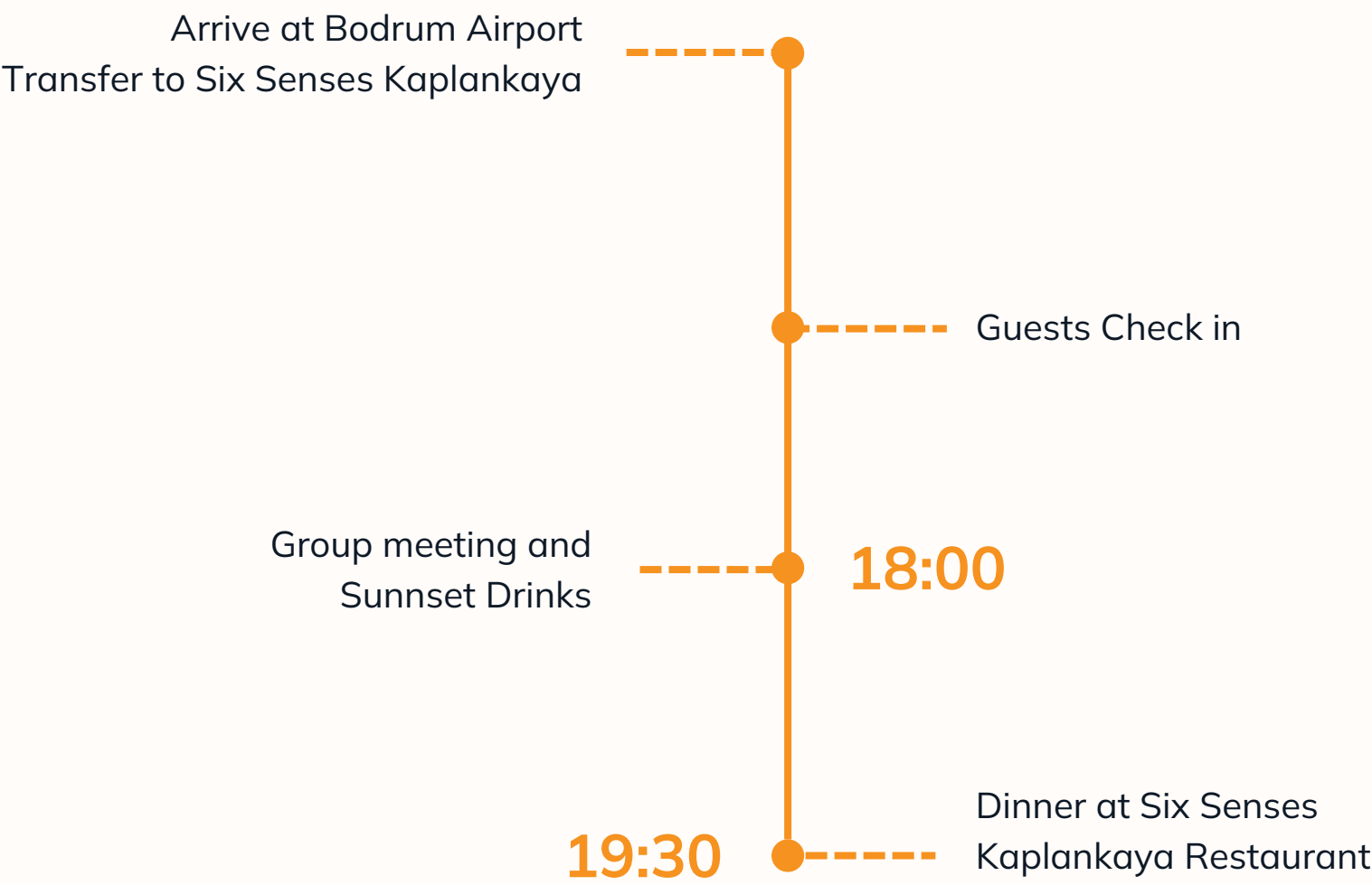
Day 1



Day 1

Arrive at Kaplankaya

Guests check in and settle into Six Senses Kaplankaya. As the sun sets, the group gathers for a relaxed welcome drink followed by dinner overlooking the Aegean.



Day 2

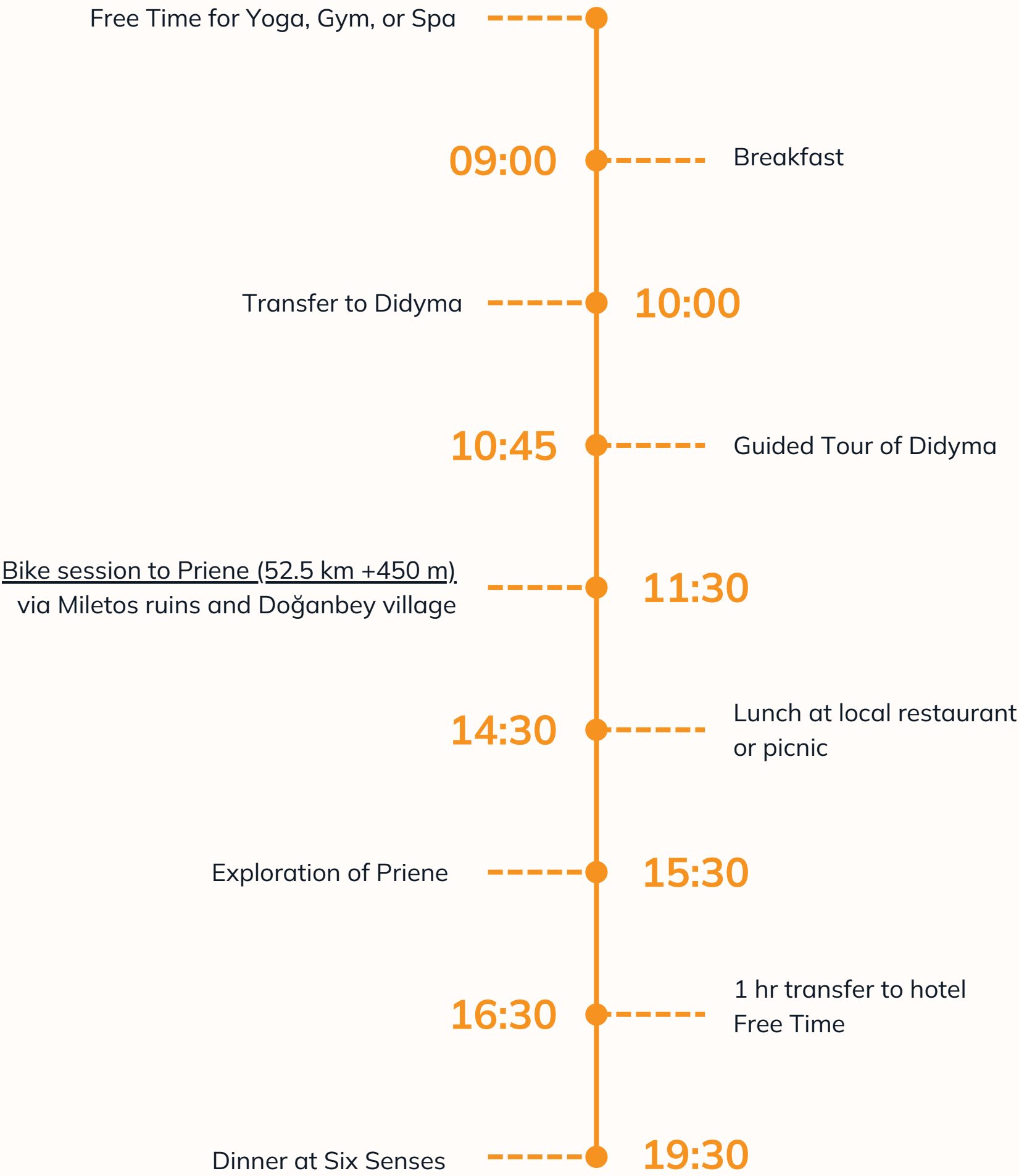
Didyma, Miletos & Priene Ride

Day 2



Didyma, Miletos & Priene Ride

A gentle morning begins with breakfast and optional yoga or spa time. The day’s cultural arc starts at Didyma’s monumental temple, followed by a scenic ride through Miletos and the traditional village of Doğanbey. After a lunch stop, the group continues to the clifftop city of Priene before returning to the resort for a relaxed evening.





R O A D

BIKE Didyma - Miletos - Priene

A scenic, easy ride connecting three ancient cities through the traditional village of Doğanbey finishing off with a delicious lunch.



52.5 km



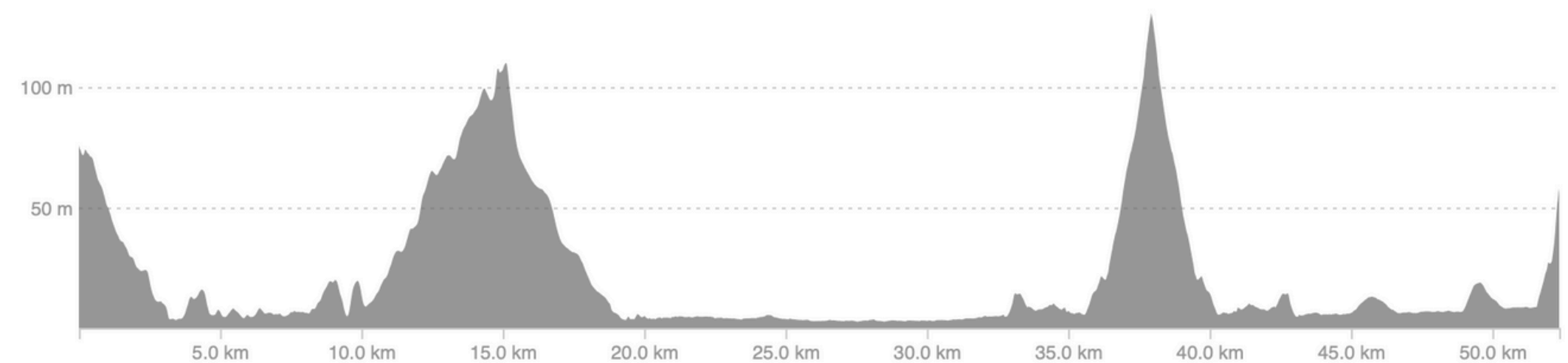
Max 8.3 %, Min -6.4 %



385 m



Didyma to Priene



Day 3

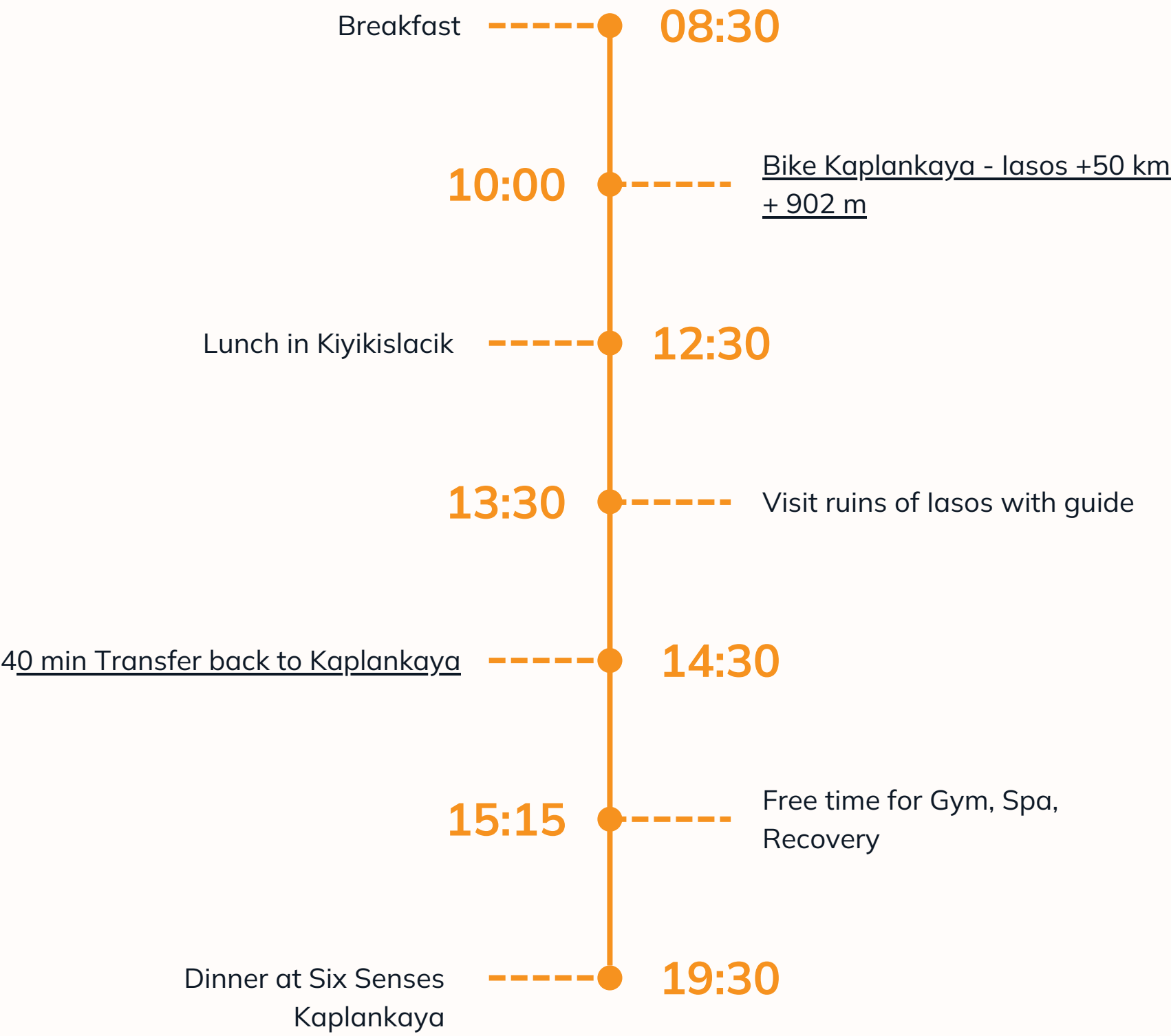
Kaplankaya to Iasos

Day 3



Kaplankaya to Iasos

Today’s ride follows quiet coastal roads and rolling hills toward ancient Iasos. After lunch in Kiyıkışlacık, guests explore the harbor ruins with a guide before returning to Kaplankaya for spa, recovery, and dinner.





R O A D

BIKE Kaplankaya to lasos

Point to point, today's ride start from our hotel passes through villages, rolling hills, olive farms with great coastal views in time. The ride finishes at the ruins of lasos with a great lunch.

 55 km

 Max 11.9 %, Min -10.4 %

 995 m

 Kaplankaya to lasos



Day 4

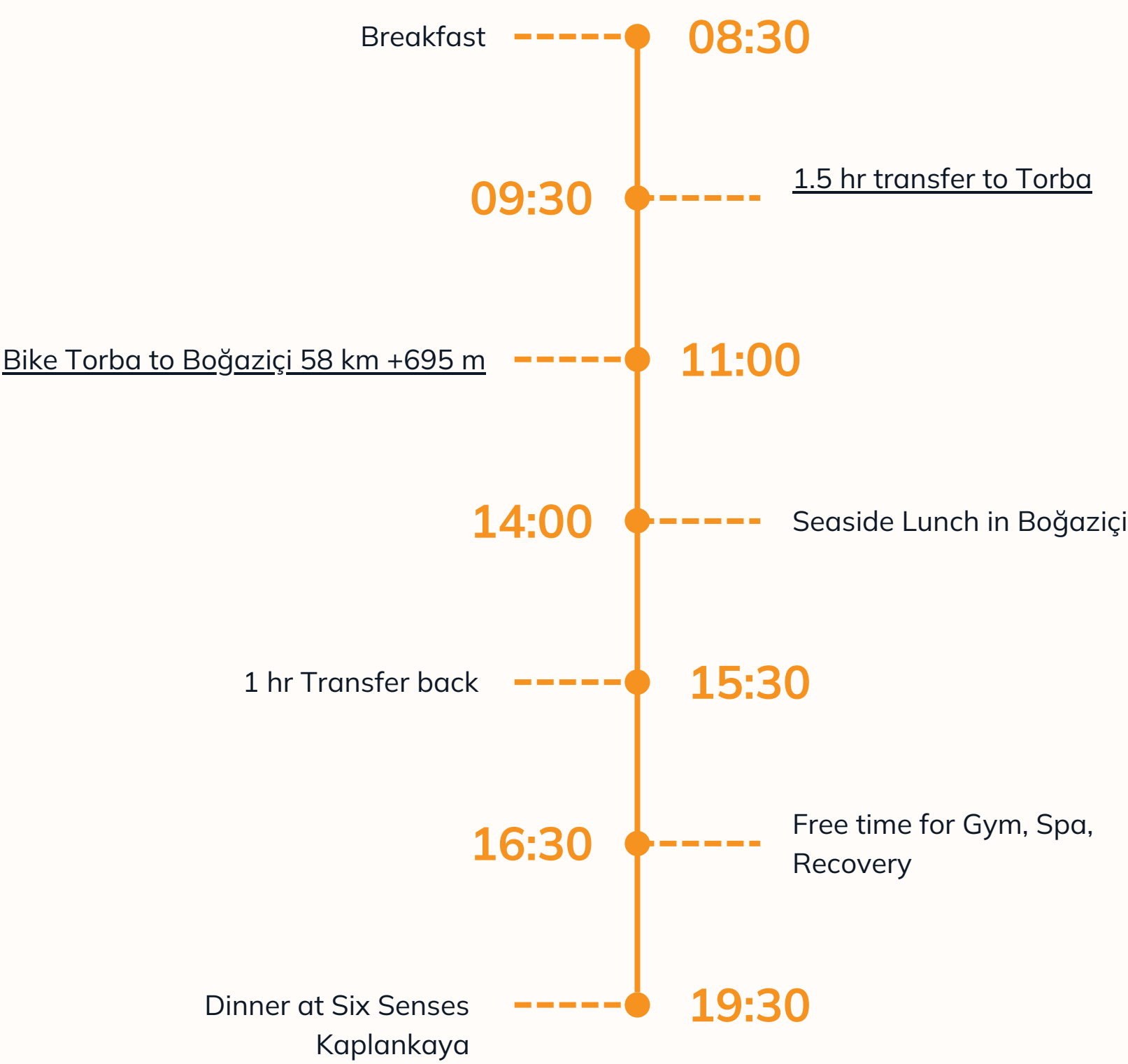
Torba to Boğaziçi Ride

Day 4



Torba to Boğaziçi

A morning transfer brings the group to Torba for a beautiful ride across Bodrum Peninsula landscapes—pine forests, olive groves and Aegean villages. The day ends with a seaside lunch in Boğaziçi and an afternoon of free time back at Kaplankaya.





R O A D

BIKE Torba to Çeşme

Ride across Bodrum Peninsula landscapes—pine forests, olive groves and Aegean villages. The day ends with a seaside lunch in Boğaziçi



58 km



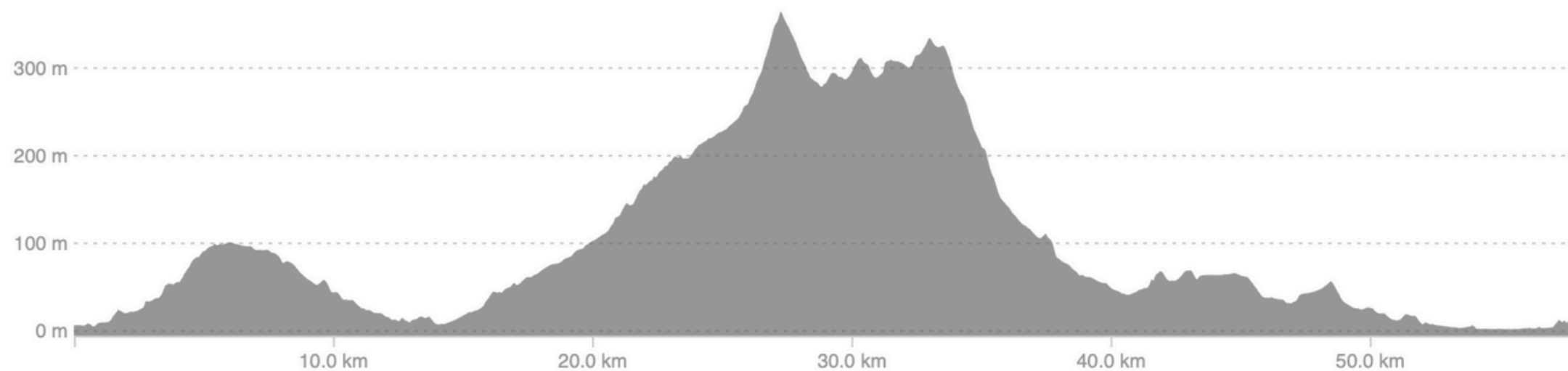
Max 9.1 %, Min -10.2 %



681 m



Torba to Boğaziçi



Day 5

Kaplankaya to Kapıkırı

Day 5



Day 5

Kaplankaya to Kapıkırı

Day 5

The longest ride of the week leads toward Kapıkırı and the shores of Lake Bafa. After lunch at a local lakeside restaurant, guests explore the ancient city of Herakleia with a guide before returning to Kaplankaya for a farewell dinner.





R O A D

RIDE Kaplankaya to Kapıkırı

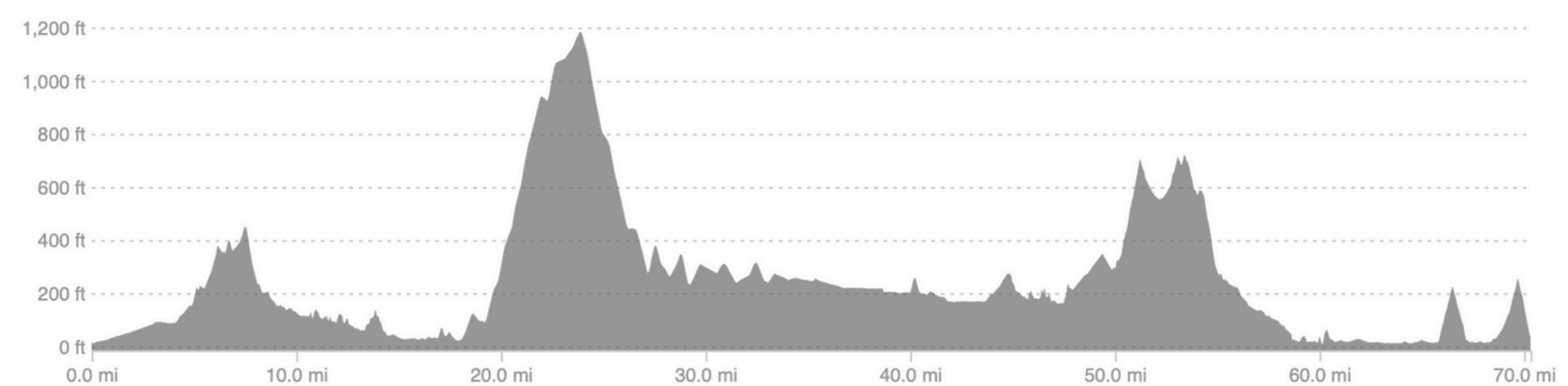
Passing through small villages, open valleys, and the lakeshore, the ride gives a clear sense of the region's geography and the transition from modern coastal areas to the ancient settlement at Herakleia.

 68 km

 Max 9.9 %, Min -11 %

 695 m

 [Kaplankaya to Kapıkırı](#)



Day 6

Transfer Out

Day 6

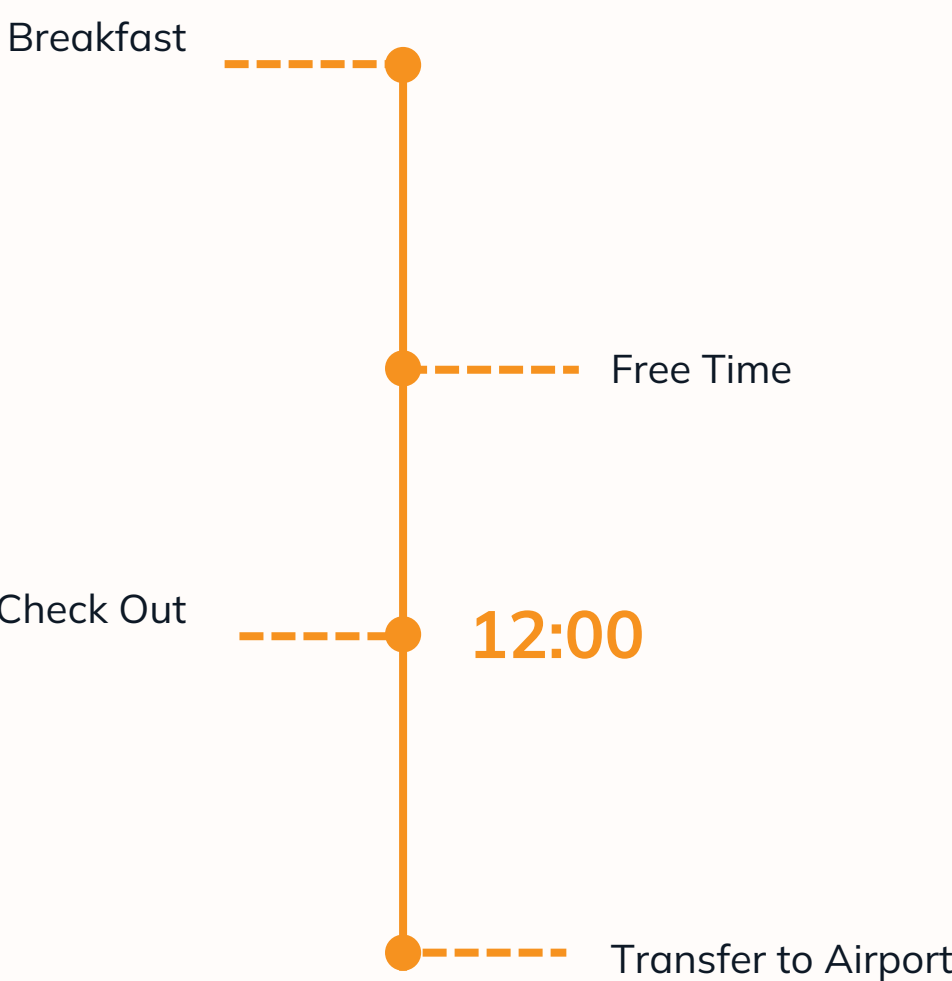


Day 6

Transfer Out

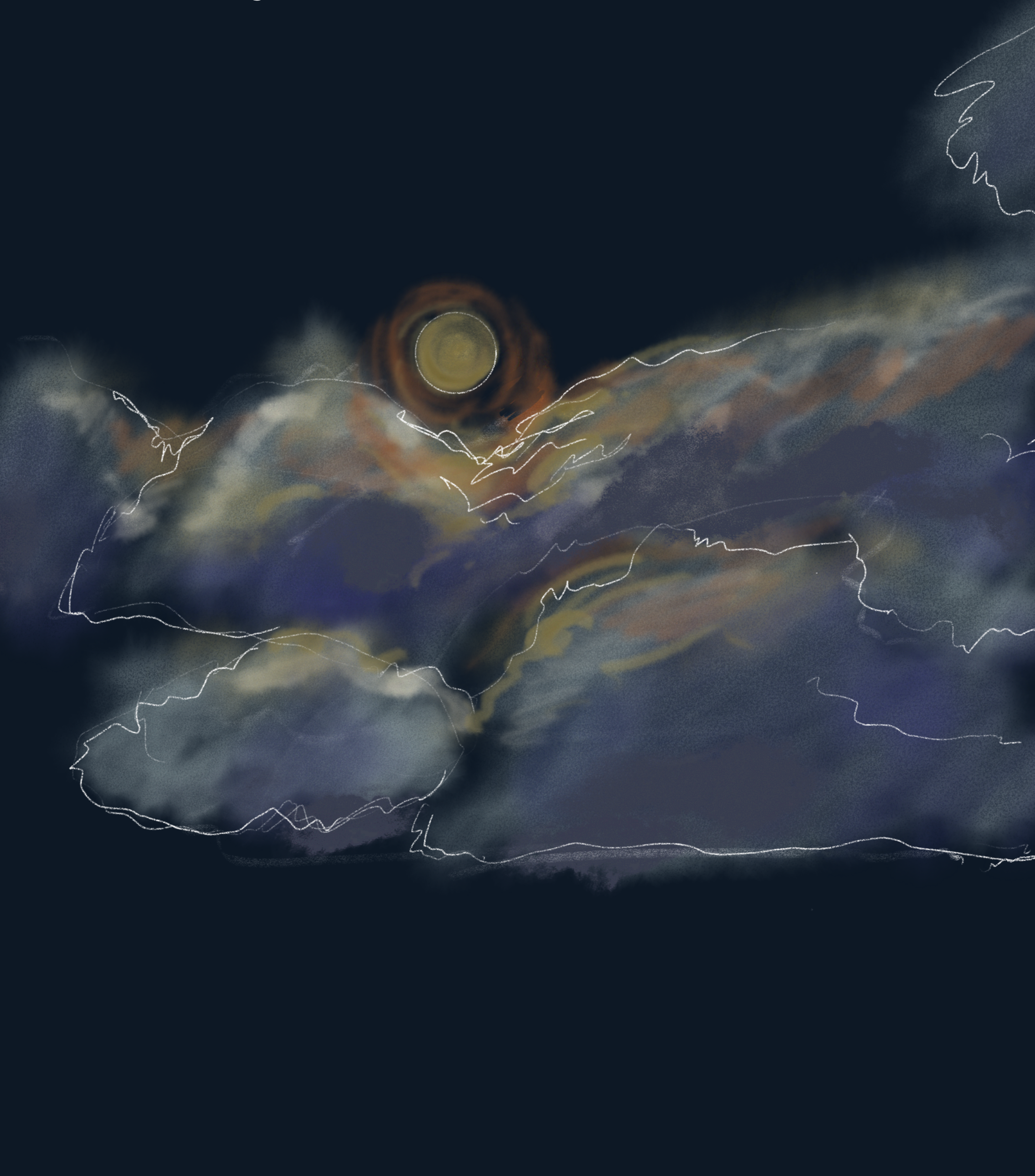
Day 6

A slow morning with one last breakfast and some free time before check-out.



Weather

Early May in this part of the Aegean, the weather is mild and reliable for cycling, with temperatures around 20–25°C and light northwest winds. Rain is unlikely, mornings are cool, and conditions stay stable enough for longer rides without heat stress.



Clothing

For early May rides in this area, a light layering approach works best. Most cyclists use a short-sleeve jersey with a thin wind vest for the first hour, then ride comfortably without it as temperatures rise. A lightweight rain shell is useful only if a short shower appears.



Price

March/April Price: 2885 EUR per person based on min 10 pax, single supp: 565 EUR

May Price: 3600 EUR per person based on min 10 pax, single supp: 1000 EUR

- + 20 % VAT for payments via wire or credit card

Includes

- 5 nights' accommodation at Six Senses Kaplankaya
- All transport
- 5 dinners, 5 breakfasts, 4 lunches
- Homemade snacks and drinks during the ride
- Welcome Cocktails
- Guided tours of the ancient sites
- Bike Guide
- Support Car
- Entrance fees
- Maintenance of the bikes for each ride
- Spa Facilities

Excludes

- Tips
- Alcoholic beverages
- Spa Treatments
- Bike & Equipment Rental
- Flights
- Travel Insurance